

NOVEMBER 2026

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This section is here to give our readers easier access when searching for a trusted partner to use. Get to know the businesses that make this magazine possible. Please support them in return and thank them if you get the chance!

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PHOTOGRAPHY BY
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Long Island Lifestyle Family Photography



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strollmag.com

Delivering Neighborhood Connections
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The N2 Co. Design Team

Stay connected with your neighbors. Keep track of invites for upcoming events. Share photos and stories. Connect with us on Facebook and Instagram for the full Stroll Manhasset experience, and email us at manhasset@n2co.com with article suggestions, upcoming neighborhood events, and creative contributions. This is YOUR magazine – and we want to make it all about YOU!



@strollmanhasset

We can't wait to see you in an upcoming issue!

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It may only be November, but we're already thinking about February!

**We're looking for sweet love
stories to feature in our
Valentine's issue.**

Whether it's a first date, a
lifelong love story, or a special
moment you'll never forget,
we'd love to hear it!

iLOVE STORIES!



Contact Evonne Marinakis
and email us at
manhasset@n2co.com

You can also scan the
QR code!



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THE GIFT OF EVERYDAY GRATITUDE

Thanksgiving gives us a special reason to pause and say thank you, but gratitude doesn't have to be reserved for one day a year.

Cooler evenings, fuller tables, and the familiar start of the holiday season make November feel distinctly like home. November has a rhythm all its own. The days get shorter, jackets start finding their way back into the daily rotation, and weekends fill up with football, family plans, and the first hints of the holidays ahead. By this point in the year, routines are well established, but the calendar is beginning to shift.

Thanksgiving plans are taking shape. This is a time to pause and appreciate the people, moments and memories that make our community so special. From neighbors who lend a helping hand to families who gather around the table, gratitude reminds us that some of life's greatest gifts are found in the connections we share.

Being thankful for the everyday helps us notice the value in things we often take for granted. We don't always need big celebrations or big achievements to have something worth appreciating. It can be as simple as a morning coffee

and a quiet moment, a conversation with someone we love, a neighbor who lends a hand or even a laugh with friends or family. Practicing gratitude fills our days with hope, shifting the attention from what's missing to what is already meaningful in our lives. It doesn't mean ignoring our challenges; rather, it creates space to enjoy the good side of life alongside the difficulty.

November also gives us another chance to enjoy our community before December arrives with its own full schedule. Whether your Thanksgiving table holds a crowd or just a few familiar faces, at *Stroll Manhasset*, we hope you find plenty to enjoy this month and a little time to settle in before the holiday season picks up speed.

*Evonne
Marinakakis*

and the *Stroll Manhasset* editorial team.
Publisher
412.721.0125
manhasset@n2co.com



COME STROLL WITH US

MEET THE TEAM

Behind every issue of *Stroll Manhasset* is a dedicated team that cares deeply about this neighborhood and the people who call it home. We're neighbors, storytellers, and collaborators who are passionate about building community

through meaningful connections and shared experiences. From capturing family features and highlighting local pets to showcasing events and milestones, our goal is to celebrate what makes Manhasset so special.

We're proud to be part of this vibrant neighborhood and even prouder to help tell your stories each month. Get to know the team that's bringing your magazine to life, one page at a time.

EDITORIAL TEAM



Alayna McCorkle
Client Care



Evonne Markinakakis
Content Coordinator

CALLING ALL BUSINESS OWNERS!
Are you a local Manhasset business owner? We want to spotlight YOU in *Stroll Manhasset*! Email manhasset@n2co.com today to learn more about your FREE resident business listing and how you can get involved.

NEW TO THE NEIGHBORHOOD?
If so, welcome! To be added to our email list, contact us at manhasset@n2co.com or call Evonne at 412-721-0125.

WANT TO PLACE SOMETHING IN STROLL MANHASSET?
To submit an idea, photos, an article or obtain an extra copy, please email manhasset@n2co.com



CHECK US OUT ON INSTAGRAM AND FACEBOOK @StrollMANHASSET
Be sure to LIKE and FOLLOW for fun updates, events, and announcements. AND FACEBOOK @strollmanhasset to share your photos with #StrollManhasset to be featured on social media or in the magazine!

We are looking for Manhasset Neighbors who would like to be a part of *Stroll Manhasset*! Please email manhasset@n2co.com

Berest

DANCE CENTER

BRINGS FIFTY YEARS OF HEART
& MOVEMENT HOME TO MANHASSET

WHAT BEGAN WITH A YOUNG GIRL'S FIRST DANCE RECITAL HAS GROWN INTO A 50-YEAR LEGACY OF ARTISTRY, INCLUSION, AND COMMUNITY, ONE THAT CONTINUES TO SHAPE GENERATIONS OF DANCERS IN MANHASSET.

PROFESSIONAL PHOTOGRAPHY BY LINDA NUTTER PHOTOGRAPHY,
LAUREN BUSCEMI FILM AND PHOTOGRAPHY

Some stories begin in the most unexpected places. For Olga Berest, it began above an American Legion Hall on Northern Boulevard, where a young girl from Manhasset stepped onto a stage as Goldilocks in a Fred Astaire recital and felt something she would spend a lifetime honoring. That spark, first lit in the 1950s under the mentorship of retired American Ballet Theatre dancer Roy Kreiser, became the foundation for what is now a half-century of dance education rooted in community, artistry, and genuine care for every student who walks through the door.

Olga grew up attending Saint Mary's for both elementary and high school before earning her degree in Speech and Hearing Pathology at St. Louis University. When she returned to Manhasset to marry Robert Berest and raise their family, she brought with her not only a love of dance but a creative method she had developed: teaching speech to children through movement and play. In 1976, guided by that philosophy, she opened the first class in the very same room above the American Legion Hall where her own training had begun. Three

years later, the school relocated to Port Washington, New York, growing steadily into a center that now offers more than 70 classes, seven days a week, for students from 18 months through senior citizens.

What sets Berest Dance Center apart is a principled refusal to follow trends. Olga built the school around the art form itself, requiring ballet as a foundational discipline for all students and intentionally stepping away from the competitive recital circuit that dominates so many studios today. For the youngest dancers, ages three and four, the annual showcase is an intimate Father's Day class demonstration held in the studio, where a family member presents flowers to the child at the close. It is a small but telling detail: this is a place that values the experience of learning over the spectacle of performance.

That philosophy extends to a meaningful outreach effort. Through Dance for Joy, the official Outreach Program of Berest Dance Center, Olga fully funds training and performing for students who cannot afford to participate, covering attire, shoes, costumes, and performance tickets so that no child



is left out. The center also provides an on-site mental health counselor to support students through the emotional demands of studio life. The depth of that investment in whole-person development is perhaps best captured by a student's own reflection: "Berest has been my eye of the hurricane and my quiet when I am surrounded by noise," wrote Annie Krivin, a graduating senior in 2026.

Now celebrating its 50th anniversary, Berest Dance Center continues to be a living part of the Manhasset community. At the 2026 Gala, Olga received a

Proclamation of Excellence from the Town of North Hempstead recognizing her five decades of high-quality dance education. She takes Heather's adult ballet class each Thursday and Saturday morning, moving through the same exercises she loved as a child. Heather Berest, who danced professionally with the Paul Taylor Dance Company for more than 10 years and toured nationally and internationally, has returned home to serve as Artistic Director, carrying her mother's vision forward with the same discipline and compassion she grew up watching.

Olga has spent 47 of the past 57 years of her marriage in Manhasset, raising three children, all graduates of the Manhasset Public Schools. The town shaped her childhood, her family, and her life's work. The loyalty of neighbors and the relationships built across generations have given the school its enduring character.

We are grateful to Olga for sharing this story and proud to recognize Berest Dance Center as one of Manhasset's most cherished community institutions.

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Owner? If you both live in our
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we'd love to learn more about
you. Email us at manhasset@n2co.com or scan the QR code



Small Space, Big Statement: The Art of the Powder Room

Discover how bold wallpaper, striking lighting, elegant fixtures and creative details transform the smallest room into a stunning design statement.

Often the smallest room in the house makes the biggest impression. Powder rooms offer a unique opportunity to step outside the box and embrace bold design choices, transforming a functional space into an unexpected moment of beauty and personality. With less square footage to work with, there is more freedom to experiment with color, pattern, texture, and detail. The result? A room that feels thoughtfully curated, a little unexpected, and entirely its own.

Wallpaper is where the fun begins. From oversized florals and whimsical prints to dramatic botanicals and intricate patterns, the right wallpaper can instantly set the tone. Whether the look is vibrant and playful or moody and sophisticated, a statement wall brings depth and character to even the tiniest space. For those who love a little drama, a bold print paired with rich paint colors creates an enveloping effect that feels both intimate and luxurious. The key is to lean into the design rather than hold back.

Underfoot and around the vanity, statement tile offers another opportunity to make an impact. Intricate mosaics, geometric patterns, colorful encaustic designs, and natural stone can introduce visual interest while adding a layer of craftsmanship. Tile can be the star of the show or serve as a beautiful counterpoint to an expressive wallpaper. Mixing patterns and materials may seem daring, but when colors and finishes complement one another, the combination feels cohesive, collected, and full of personality.



And then there is the lighting, an essential element that deserves just as much attention as the finishes. Beautiful sconces flanking a mirror, a sculptural pendant overhead, or a pair of vintage-inspired fixtures can elevate the entire room. Lighting creates atmosphere, highlights architectural details, and adds a jewelry-like finishing touch. Warm illumination, paired with reflective surfaces and thoughtfully selected hardware, makes the space feel inviting and polished. A statement mirror, whether antique, sculptural, or uniquely shaped, completes the look while adding another layer of interest.

The magic often lies in the details. A striking faucet, an unexpected vanity color, polished brass accents, or a carefully selected piece of art can bring the entire design together. These smaller elements allow a powder room to feel personal rather than overly styled, balancing bold statements with timeless touches. Even the most dramatic design benefits from a sense of harmony, where every element feels intentional without appearing too perfect.

Perhaps the greatest appeal of the powder room is the freedom it offers. Unlike larger living spaces, which often call for a more restrained approach, this small but mighty room invites



experimentation. It is the perfect place to take a design risk, embrace a favorite pattern, or introduce a color that might feel too daring elsewhere in the home.

Ultimately, a well-designed powder room is more than a practical necessity; it is an opportunity to surprise and delight. With playful wallpaper, distinctive tile, and beautiful lighting working together, even the smallest footprint can deliver unforgettable style. After all, great design isn't measured in square footage. Sometimes, the most memorable rooms are the ones that dare to make the biggest statement in the smallest space.



Allen the Cuddle Bug Says Hello From Manhasset

Meet Allen, a cuddly bearded dragon with a big personality, a love of snacks, and a family who can't get enough of him. From his unusual journey into the family to his cozy movie-night routines, this Manhasset resident is proof that the best companions come in all shapes and sizes.

Hello, neighbors!

I'm Allen, a bearded dragon who lives in Manhasset, New York, with a family that spoils me. This is my chance to introduce myself, so I'll get right to it.

I'm male, and I turn six in November. My name comes from football player Allen Lazard, because my family are huge sports fans. Allergies are the reason I'm here. Andy and Noah are allergic to dog saliva, so even a hypoallergenic dog was out. Noah and Maria often stopped by Petco



for fish and supplies, and one day Noah put his finger on the glass of the bearded dragon cage. I came right up to his finger, and I did the same on later visits. After a few of those, Noah fell in love. He then sat his parents down for a speech and a slideshow full of research on how to care for a bearded dragon. Maria teared up, and she still has the video. I was three months old when I went home with them.

My best talent is cuddling. Once I'm in someone's arms, I crawl up to the fold of their neck, pull their hair over me like a blanket, and sleep for as long as they'll let me. I also love hornworms and Dubia roaches. If I spot one on the ground at feeding time, I will run across an entire room for it.

I keep a very clean cage, and I'd like that on the record. When nature calls, I scratch on the glass like a dog, and

CONTINUED ►

then I use my wee wee pad. After that, I take a soak in a warm bath before I'm put back in my cage.

I'm the only pet in the house, so yes, I'm spoiled. I'm always ready to cuddle, especially on movie nights. Some people think reptiles are scary because of the spikes, but I've never been aggressive, and I've never bitten anyone. Maria says she would trust me with a baby.

My humans are Maria, Andy, GG, who is 13, and Noah, who is 15. They moved to the neighborhood the day before GG was born in July 2013, and they love the community and being close to the water. Maria and Andy fish a lot, and now Noah and GG do too. Their dream is to own a boat someday.

Thank you for reading my story. If you run into my family around Manhasset, please say hello for me.

We're on the hunt for our next pet feature. Could it be yours? Email us at manhasset@n2co.com or scan the QR code



THE #1 FRANCHISE Helping Local Businesses Win.



Entrepreneur magazine ranked Stroll the **#1 Franchise in Ad Services** on the 2026 Franchise 500 list.

Reach out to the publisher of this magazine to learn more about advertising in Stroll.

Thirty Years of SEEING PEOPLE CLEARLY

There is something special about a business that knows its community not simply as customers, but as people. For 30 years, Optical Heights in Roslyn Heights has built its practice around relationships, personal care, and a genuine connection to the people who walk through its doors.

Founder Dianne Szwed's roots in Long Island run deep. She grew up in Port Washington, attended St. Peter's grammar school and St. Mary's High School in Manhasset, and was born at North Shore Hospital in Manhasset. Her parents, both immigrants from Poland, each built their own businesses. Dianne is proud of their hard work, dedication, and happiness, which helped set the foundation for her own life and career.

As the first in her family to attend college, Dianne earned a Bachelor of Science in Pre-Med/Biology from Adelphi University before receiving an Associate in Applied Science in Ophthalmic Dispensing from New York Technical College.

When it came time to open Optical Heights, Dianne wanted to create something that reflected the community that shaped her. She worked with Port



Washington architect Stuart Narofsky, and over four months, their plans came to life with the help of a Dedicated contractor.

Thirty years later, Optical Heights is defined not only by Dianne's vision, but by the people who have shared it with her. Licensed opticians Joseph Dell'Aira and Douglas Ramirez, along with Dr. Linda Gulotta, have each been part of the practice for 25 years. Gulotta has been an integral part of our practice for the last twenty five years. Her unwavering commitment to our patients combined with her expertise in optometry and her dedication, have made her a trusted and cherished part of our practice and our patients lives. Dr. Paula Handell joined the practice in December 2023. A member of the local community, her caring nature and knowledge of eye health have made

her a valued part of Optical Heights. Many of her longtime patients followed her to the practice, reflecting the trust she has built over the years.

Together, the team guides patients toward better vision through the latest lens technology, paired with distinctive eyewear and sunwear sourced from around the world. Their collection ranges from eclectic and funky to conservative, while the store's design remains anything but cookie cutter, even after 30 years.

The doctors of optometry provide comprehensive eye examinations for glasses and contact lenses, while the practice works closely with local ophthalmologists to fill prescriptions with the utmost precision.

"We take the time to get to know each patient and understand their unique



We believe that building lasting relationships is an essential part of providing exceptional eyecare."

needs, carefully guiding them towards eyewear and lens technology that provide the best vision, comfort and amazing style for their everyday life," Dianne says.

That personal approach extends beyond eyecare. Optical Heights has remained involved in local events and causes throughout the years, reflecting a belief in giving back to the community it serves.

"For the past 30 years, our team of licensed expert opticians and doctors of optometry has proudly cared for generations of patients," Dianne says. "We believe that building lasting relationships is an essential part of providing exceptional eyecare."

Her philosophy is simple: invest in yourself, be proactive about your eye health, surround yourself with professionals you trust, and let people know that you care because you truly do.

As Optical Heights celebrates 30 years in business this fall, its story is one of vision, style, friendship, and a lasting commitment to truly caring for people.

To learn more, visit OpticalHeights.com or call (516) 625-2555. Follow Optical Heights on Instagram at @opticalheights and on Facebook.



What To Do Around Town!



**LONG ISLAND PILATES
& WELLNESS EXPO**

**November 8
(10:00 AM - 02:00 PM)**
Location: NYIT de Seversky Mansion. Northern Blvd. Glen Head, NY 11545
Details: Experience a thoughtfully curated day of movement, wellness, and connection, featuring inspiring conversations, signature Pilates sessions, interactive wellness activations, and opportunities to discover local brands and practitioners. Guests can enjoy a continental breakfast, explore a curated wellness marketplace, gain practical insights from industry voices, and connect

with a like-minded community in an intimate, uplifting setting.
For more info & tickets:
longislandnypilates.com

DISNEY ON ICE SPOTLIGHT MAGIC!
**November 11 - 15
(10:00 AM - 02:00 PM)**
Location: UBS Arena. 2400 Hempstead Turnpike. Belmont Park, NY
Details: Disney On Ice presents ‘Magic in the Stars,’ an all-new live spectacular featuring never-before-seen performances, chart-topping Disney songs, and more than 30 beloved Disney characters.

For more info & tickets:
ticketmaster.com/disney-on-ice-presents-spotlight-magic-tickets/artist/4231352?venueId=393369

ROGERS & HAMMERSTEIN’S OKLAHOMA!
**November 20 - 22
(Recurring daily)**
Location: The Madison Theatre at Molloy University. 1000 Hempstead Avenue. Rockville Centre, NY
Details: One of the most beloved American musicals. Tells the story of Curly, a confident cowboy, and Laurey, a spirited farm girl, as they navigate pride,

romance, and rivalry on the brink of Oklahoma territory’s statehood. As the community prepares for this historic moment, personal dreams intertwine with sweeping themes of hope, conflict, perseverance, and unity. Join us for this groundbreaking American classic, featuring a lush score and unforgettable Broadway favorites including “Oh, What a Beautiful Mornin’,” “People Will Say We’re in Love,” “I Cain’t Say No!” and the exhilarating title song, “Oklahoma!”
For more info & tickets:
madisontheatreny.org/event/rodgers-and-hammersteins-oklahoma

GOOD VS EVIL ROYAL TEA PARTY
**November 21
(03:00 PM - 05:00 PM)**
Location: Sparkle on Stage. 195 Woodcleft Ave. Freeport, NY 11520
Details: Our Royal Series invites little ones to explore, create & play side by side with their favorite characters! Parents can stay to soak in every sparkle or drop off & take a magical moment for themselves to enjoy the charm of Freeport.
For more info & tickets:
anovelprincessparty.com/event-directory

AN EVENING WITH VINCENT INGALA
**November 27
(8:00 PM - 10:00 PM)**
Location: The Madison Theatre at Molloy University. 1000 Hempstead Avenue. Rockville Centre, NY
Details: Declared by Jazziz Magazine as “one of the most exciting artists to emerge this past decade,” Vincent Ingala remains an unstoppable and ever-adventurous creative force in urban contemporary jazz, with a total of ten #1 Billboard hits, twenty-three Top 10 singles, and more to come from his latest release and 8th

studio album, “Escape With Me” on Shanachie Entertainment.
For more info & tickets:
madisontheatreny.org/event/an-evening-with-vincent-ingala-2026

WE THREE KINGS: AN IRISH DANCE CHRISTMAS CELEBRATION
November 28 - 29
Location: The Madison Theatre at Molloy University. 1000 Hempstead Avenue. Rockville Centre, NY
Details: Experience the new magical Holiday spectacular, We Three Kings, The Irish Dance Christmas Sensation. We Three Kings, The Irish Dance Christmas Sensation, takes the audience on an epic adventure inspired by the age-old tradition of the Three Magi and their legendary voyage to the west. Along their journey, they encounter the evil Sugar Plum Fairy and her dark soldiers, threatening to abolish the Christmas Spirit and steal the crown from the Kingdom once and for all.
For more info & tickets:
madisontheatreny.org/event/we-three-kings-the-irish-dance-christmas-sensation

Thanksgiving Parade Differences

The Macy's Thanksgiving Day Parade celebrates its 100th anniversary this year. Can you spot the difference between these two parade route cartoons? There are 15 to find. Can you see them all? BY NICOLE LETTS

Think you cracked it?
Scan to check
your answers!



HIDE & SEEK FIND OUR MASCOT & WIN!

Our mascot is hiding somewhere in this magazine. Everyone who finds our mascot will be entered for a chance to win this month's prize!

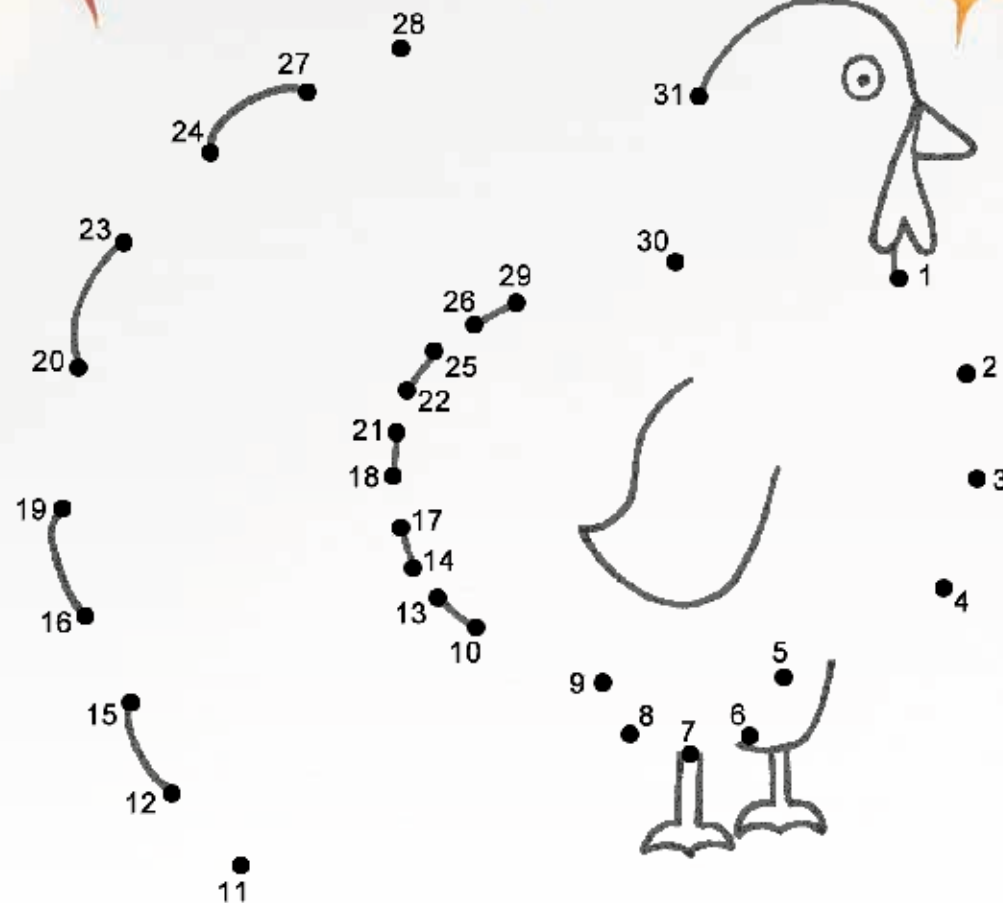
Email manhasset@n2co.com your name, phone number, and a selfie of you showing where you found Strolly for a chance to win. Good luck!

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Dot to Dot

Starting at dot 1, draw a straight line to dot 2, then 2 to 3, and so on in order all the way through the last number. Once you reach the end, connect it back to dot 1 to close the shape. Don't worry about staying perfectly straight; the picture will still reveal itself. Once your outline is complete, grab your crayons or markers and color in your new fall creation.



What's Cooking?

Have a delicious recipe other readers would love?

Send the recipe, the story behind it, and a photo of the dish to manhasset@n2co.com so we can feature it in a future issue!

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Introducing Our Resident Business Guide

DID YOU KNOW that many of our neighbors are also talented business owners and professionals? Our Resident Business Guide is a curated list of businesses owned or operated by residents right here in the neighborhood. From real estate and finance to wellness and home services, it's designed to highlight the incredible talent and resources within our own community.

The guide serves as a helpful tool for connecting, networking, and even collaborating with fellow neighbors. Whether you're looking for a trusted local expert or seeking to build new

professional relationships, the Resident Business Guide is a great place to start. If you'd like to be included in this year's guide, simply email me the following:

- . Your name
- . Business name
- . Business category
- . Contact phone number
- . Email
- . Website (if applicable)

We love celebrating and supporting our neighbors' successes. Let's continue building a strong, connected, and thriving community together.

Email us at manhasset@n2co.com or scan the QR code to feature your business in an upcoming issue.



resident business guide

This is a current list of business owners and professionals from our neighborhood. It is an opportunity to network, qualify, and potentially build a business relationship with other successful individuals who also live here. To be included in the Resident Business Guide, email your name, business name, phone number, and email address to zane.odom@n2co.com.

BEAUTY

nuBest Salon & Spa
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DANCE STUDIO

Berest Dance Center
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Friends & Family \$1,500 Allowance offer applies to new 2026 and 2027 Volvo vehicles (excluding model year 2027 EX60) financed or leased through Volvo Car Financial Services (VCFS) or purchased with cash at an authorized Volvo Cars retailer. All offers are subject to vehicle availability. Must take delivery of vehicle between October 1, 2026 and January 4, 2027.

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