

PROTOCOL FOR “MAKING SPIRITS BRIGHT” REHEARSAL AND SHOW AT THE JEANNE RIMSKY THEATRE

Theater Rehearsal: Friday, December 13th: 4 pm- approx. 8 pm

Arrival for rehearsal:

- **NO CARS PERMITTED IN LANDMARK PARKING LOTS.**
- Parking options: side streets or firehouse lot on Webster Ave.
- Use front entrance of Jeanne Rimsky Theater and sign in.
- **For children 8 years and under: NO DROP-OFF. A parent or caregiver is required to stay for the duration of the rehearsal. Your child will need an adult to manage their costume changes.**

Pick up for rehearsal

- Dancers may leave once all of their dances have been rehearsed.
- This rehearsal is subject to delays; pick-up time may vary.
- Children should carry a contact phone number.
- **NO CARS PERMITTED IN LANDMARK PARKING LOTS.**
- Parking options: side streets or firehouse lot on Webster Ave.
- Dancers must sign out in the lobby.
- Upon sign-out, parents of dancers 10 years and under will be issued an ID bracelet. You must present this to pick up your child after the show. Please make sure that the parent who will be picking the child up from the show has this bracelet on show day.

Show: Saturday, December 14th, 3:00 pm

1:30 pm arrival for: Musical Theater Repertory

6b Repertory

ALL Senior Repertory

2:00 pm arrival for: Youth Dance Theater

Young Creators

Arrival for show

- **NO CARS PERMITTED IN LANDMARK PARKING LOTS.**
- All dancers use front entrance.
- Dancers 8 years and under must be escorted by a parent to their dressing room.
- Musical Theater Rep, 6b Rep, Senior Rep: mandatory warm-up onstage at 1:45pm.
- Please bring an unwrapped toy! Our show is a “Toys for Tots” events!

Pick up for show

- Only the parent in possession of the ID bracelet will be permitted backstage to retrieve your child.
- Parents of older dancers should wait for their dancer in the theater.
- No one will be permitted backstage, unless you are a parent volunteer.

YDT & Young Creators: preparation for rehearsal and shows

Professional photography will be taking place. Please adhere:

- **Full hair and makeup are required for BOTH the Theater Rehearsal and Show.**
- Arrive at the theater in a leotard and tights.
- Arrive with hair in a **low ballet bun** (no “bunmakers”). Bun tutorials [HERE](#).
- Arrive **in makeup**: red lipstick, glittery/sparkly eye shadow in neutral tones (gold/silver/pearlized) (CAT makeup will be done by faculty as needed)
- No underwear may be worn under costumes.
- No nail polish on fingers or toes.
- No “tattoos” or markings on body.
- Remove ALL jewelry, and hair elastics from wrists.
- Eating:
 - Theater Rehearsal: non-messy, non-smelly, nut-free snack, no eating costume, water only.
 - Show: NEW- no food, water only! Please feed your child a hearty lunch prior to arrival.

Please pack the following (label all items):

- All costumes and costume parts, including base leotards and headpieces.
 - You will keep your costumes until after the show.
 - All costumes are the *property of the Berest Dance Center* and must be left at the theater after the show.
- All necessary dance shoes. All necessary tights.
 - **Youth Dance Theater: white footed dance tights, ballet shoes**
 - **Young Creators: black footed dance tights, tap shoes, jazz shoes**
- Touch-up materials for hair: hairspray/gel, hair pins, bobby pins
- Touch-up materials for makeup: red lipstick, blush, glittery/sparkly eye shadow in neutral tones (gold/silver/pearlized)
- Water only (no juice, please).

Musical Theater Rep, 6b, Senior Rep: preparation for rehearsal and shows

Professional photography will be taking place. Please adhere:

- **Full hair and makeup are required for BOTH the Theater Rehearsal and Show.**
- Arrive at the theater in low bun with side part and full makeup (diagram attached).
- You will do your cat makeup at the theater; bring a mirror.
- You must wear a flesh-colored “base” leotard to rehearsal facilitate changing in the audience.
- NO Jewelry or hair elastics on wrists.
- No nail polish on fingers or toes.

- Eating:
 - Theater Rehearsal: non-messy, non-smelly but free snack, no eating costume, water only.
 - Show: NEW- no food, water only! (Except for medical reasons) Please eat before arrival.
- Packing:
 - All costumes, *property of the Berest Dance Center*, must be brought to the rehearsal, taken home, and brought back for the show, left at the theater after the show.)
 - All necessary tights:
 - **Musical Theater rep : black footless tights & tan footed tights**
 - **6b rep: pink ballet tights, black footless tights**
 - **Senior Music Hall Rep: tan footed tights**
 - **Act 2 characters & Jazz Rep : as needed for your individual costumes**
 - All necessary undergarments (see below)
 - All necessary dance shoes
 - Extra Hairpins, bobby pins, hairnets (must match your hair color), hair spray/gel
 - Make-up (must include dark or red lipstick, your CAT makeup, and makeup wipes)
 - Warm-ups (sweater, leg warmers, etc.)
 - Small sewing kit
 - Portable mirror
 - Water bottle- no food
 - Suggested Personal items: deodorant, toothbrush/toothpaste, dental floss, mouthwash, Q-tips, clear nail polish/for stocking runs, nail polish remover, nail file, headphones, instant ice packs, Advil, etc.
- **Middle school and high schoolers: please carefully review the following policy regarding undergarments:**

Please avoid wearing undergarments as much as possible. However, if you feel the need to wear anything under your costume, you may choose from the following options:

-Flesh colored leotard: with fabric straps, which are covered with your foundation makeup.

-NO CLEAR PLASTIC STRAPS will be permitted.

-If your leotard came with clear straps, the straps must be replaced.

-A preferable solution is to sew on ballet slipper elastic, which takes makeup well.

-The leotard must match the line of the costume and not be visible in the front or back.

-Flesh colored bra: although bras are generally not worn with dancewear, they may be worn for extra support if necessary.

-Bras should be smooth (no padded cups), sports-type bras with camisole straps and a stretchy back that can be pulled down and tacked (sewn) into costumes so that it is not visible

-Same rules about straps apply, as with leotards, stated above.

-Flesh-colored thong: recommended for any of the following situations:

-If the costume is a unitard.

-If you have your period

Please keep these requirements in mind when packing, and plan accordingly.