

PERFORMER PROTOCOL FOR “MAKING SPIRITS BRIGHT” REHEARSAL AND SHOW AT THE JEANNE RIMSKY THEATER

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YOUTH DANCE THEATER 1 & 2 & YOUNG CREATORS

REHEARSAL: Friday, December 8th: 4 pm- approx. 8:00 pm

Arrival for Rehearsal

- All dancers **MUST** arrive 15 minutes before rehearsal begins!
- A Parent/caregiver must stay for the duration of the rehearsal for dancers 10 years old or under
- Park elsewhere (side streets or Firehouse lot on Webster Ave) and walk in with your child.
- Use the front entrance of the Landmark Building on Main Street and sign in.
- **NO CARS PERMITTED IN ANY LANDMARK LOT (FRONT OR BACK).**

Getting Your Dancer Ready

- PROFESSIONAL PHOTOGRAPHY WILL BE TAKING PLACE! FULL HAIR AND MAKEUP REQUIRED.
- Arrive with hair in a performance-ready low ballet bun. No “bunmakers”. Please follow YouTube Bun tutorials [HERE](#).
- Arrive in makeup: sparkly eye shadow, dark eyeliner and/or mascara, blush, lipstick.
- Arrive wearing pink tights under street clothes. Do not arrive wearing any other costume parts.
- No underwear may be worn under costumes.
- No nail polish on fingers.
- No “tattoos” or markings on body.
- Remove ALL jewelry, and hair elastics from wrists.

Pack and Label the Following:

- All costumes and costume parts, including base leotards and headpieces.
 - You will keep your costumes until after the show.
 - All costumes are the *property of the Berest Dance Center* and must be left at the theater after the show.
 - Please keep your tights and shoes.
- All necessary dance shoes and tights.
 - **Youth Dance Theater 1 & 2:** pink footed dance tights, ballet shoes
 - **Young Creators:** pink footed dance tights, ballet shoes, black footed dance tights, black ballet shoes
- Touch-up materials for hair: hairspray/gel, hair pins, bobby pins

- Clothing to go home in.
- Water only (no juice, please).
- Food: *nut-free*, non-messy, non-smelly
 - No eating while wearing costumes

Dismissal from Rehearsal

- Dancers may leave once all of their dances have been rehearsed.
- Sign out in the lobby.
- Upon sign-out, parents/caregivers will be issued an ID bracelet. You must present this to pick up your child after the show on Saturday. Please make sure that the parent/caregiver who will be picking the child up from the show has this bracelet on show-day (Saturday).

SHOW: Saturday, December 10th- dancers arrive at 2pm, show starts at 3pm

Arrival for Show

- Dancers arrive 1 hour before the show.
- NO CARS PERMITTED IN ANY LANDMARK LOT (FRONT OR BACK).
- Parking: side streets or Firehouse lot on Webster Ave.
- Use front entrance of Landmark Building on Main Street. Enter the theater and walk through the curtains to the left of the stage.
- Dancers must be escorted by a parent/caregiver to their dressing room.

Getting Your Dancer Ready

- PROFESSIONAL PHOTOGRAPHY WILL BE TAKING PLACE! FULL HAIR AND MAKEUP REQUIRED.
- Arrive with hair in a performance-ready low ballet bun. No “bunmakers”. Youtube Bun tutorials [HERE](#).
- Arrive in makeup: sparkly eye shadow, dark eyeliner and/or mascara, blush, lipstick.
- Arrive wearing pink tights under street clothes . Do not arrive wearing any other costume parts.
- No underwear may be worn under costumes.
- No nail polish on fingers.
- No “tattoos” or markings on body.
- Remove ALL jewelry, and hair elastics from wrists.
- MadeGood Granola bars will be provided.

Ingredients: Pure Gluten Free Oats*, Agave Syrup*, Chocolate Chips* (Cane Sugar*, Unsweetened Chocolate*, Cocoa Butter*), Brown Rice Syrup*, Sunflower Oil*, Invert Cane Syrup*, Brown Rice Crisps*, Vegetable Extracts (Spinach, Broccoli, Carrots, Tomatoes, Beets, Shiitake Mushrooms), Natural Flavor*, Agar*, Salt. *Organic

Pack and Label the Following:

- All costumes and costume parts, including base leotards and headpieces.
 - All costumes are the *property of the Berest Dance Center* and must be left at the theater after the show.
 - Please keep your tights and shoes.
- All necessary dance shoes and tights.
 - **Youth Dance Theater:** pink footed dance tights, ballet shoes
 - **Young Creators:** pink footed dance tights, ballet shoes, black footed dance tights, black ballet shoes
- Touch-up materials for hair: hairspray/gel, hair pins, bobby pins
- Clothing to go home in.
- Water only (no juice, please).
- NO OUTSIDE FOOD IS PERMITTED BACKSTAGE, except for medical exemptions

Dismissal from Show

- Pick up your child in their dressing room.
- Only the parent/caregiver in possession of the ID bracelet will be permitted backstage to retrieve your child.

Boys Crocodiles

REHEARSAL: Friday, December 8th: 4 pm- approx. 8:00pm

Arrival for Rehearsal

- All dancers **MUST** arrive 15 minutes before rehearsal begins!
- A Parent/caregiver must stay for the duration of the rehearsal for dancers under 10 years old
- Park elsewhere (side streets or Firehouse lot on Webster Ave) and walk in with your child.
- Use the front entrance of the Landmark Building on Main Street and sign in.
- NO CARS PERMITTED IN ANY LANDMARK LOT (FRONT OR BACK).

Pack and Label the Following:

- Food: nut-free, non-messy, non-smelly
- A water bottle
- All costumes

- All necessary dance shoes, socks, and underwear

Dismissal from Rehearsal

- Dancers may leave once all of their dances have been rehearsed.
- Sign out in the lobby.
- Upon sign-out, parents/caregivers will be issued an ID bracelet. You must present this to pick up your child after the show on Saturday. Please make sure that the parent/caregiver who will be picking the child up from the show has this bracelet on show-day (Saturday).

SHOW: Saturday December 10th- dancers arrive at 2:30pm, show starts at 3pm

Arrival for Show

- NO CARS PERMITTED IN ANY LANDMARK LOT (FRONT OR BACK).
- Parking: side streets or Firehouse lot on Webster Ave.
- Use front entrance of Landmark Building on Main Street. Enter the theater and walk through the curtains to the left of the stage.
- Dancers must be escorted by a parent/caregiver to their dressing room.
- MadeGood Granola bars will be provided.

Ingredients: Pure Gluten Free Oats, Agave Syrup*, Chocolate Chips* (Cane Sugar*, Unsweetened Chocolate*, Cocoa Butter*), Brown Rice Syrup*, Sunflower Oil*, Invert Cane Syrup*, Brown Rice Crisps*, Vegetable Extracts (Spinach, Broccoli, Carrots, Tomatoes, Beets, Shiitake Mushrooms), Natural Flavor*, Agar*, Salt. *Organic*

Pack and Label the Following:

- NO OUTSIDE FOOD IS PERMITTED BACKSTAGE, except for medical exemptions
- A water bottle
- All costumes
- Any necessary underwear

Dismissal from Show

- Pick up your dancer in their dressing room.

MIDDLE AND HIGH SCHOOLERS

REHEARSAL: Friday, December 8th: 4 pm- approx. 9 pm

Arrival for rehearsal

- All dancers MUST arrive 15 minutes before rehearsal begins!
- NO CARS PERMITTED IN ANY LANDMARK LOT (FRONT OR BACK).
- Park elsewhere (side streets or Firehouse lot on Webster Ave) and walk
- Use the front entrance of the Landmark Building on Main Street and sign in.

Getting Ready

- PROFESSIONAL PHOTOGRAPHY WILL BE TAKING PLACE! FULL HAIR AND MAKEUP REQUIRED.
- Arrive with your hair and makeup done. (See pages 8-9)
- Arrive in the tights and undergarments for your first dance, under street clothes or regular dance gear. Do not arrive in any other costume parts.
- No nail polish.
- No “tattoos” or markings on body.
- Remove ALL jewelry, and hair elastics from wrists.

Pack the following:

- Food: *nut-free*, non-messy, non-smelly
 - No eating in costume
- All costumes and costume parts, including base leotards and headpieces.
 - You will keep your costumes until after the show.
 - All costumes are the *property of the Berest Dance Center* and must be left at the theater after the show.
 - Please keep your tights and shoes.
- All necessary tights (see page 10)
- All necessary dance shoes (see page 10)
- All necessary undergarments (see page 8)
- Extra Hairpins, bobby pins, hairnets (must match your hair color), hair spray/gel
- Make-up and make-up wipes (see page 8-9)
- Warm-ups (sweater, leg warmers, etc.)
- Portable mirror
- Water bottle

Dismissal from rehearsal

- Dancers may leave once all of their dances have been rehearsed. Pick up times may vary.
- NO CARS PERMITTED IN LANDMARK PARKING LOTS (FRONT OR BACK).
- Parking: side streets or firehouse lot on Webster Ave.

- All dancers must sign out in the lobby.

SHOW: Saturday, December 9th- dancers arrive at 1:30pm, show starts at 3pm

Arrival for show

- Arrive 1.5 hours before the show for required warm-up
- NO CARS PERMITTED IN LANDMARK PARKING LOTS (FRONT OR BACK).
- Parking: side streets or Firehouse lot on Webster Ave.
- Use front entrance of Landmark Building on Main Street. Enter the theater and walk through the curtains to the left of the stage.
- Sign-in backstage

Getting Ready

- PROFESSIONAL PHOTOGRAPHY WILL BE TAKING PLACE! FULL HAIR AND MAKEUP REQUIRED.
- Arrive with your hair and makeup done. (See pages 8-9)
- Arrive in regular dance gear. You will have plenty of time to change into your tights/undergarments/first costume.
- No nail polish.
- No “tattoos” or markings on body.
- Remove ALL jewelry, and hair elastics from wrists.

Pack the following:

- Food: *nut-free*, non-messy, non-smelly snack foods
 - Absolutely no eating in the dressing rooms. Eat only in the green room.
 - No eating in costume
- All costumes and costume parts, including base leotards and headpieces.
 - All costumes are the *property of the Berest Dance Center* and must be left at the theater after the show.
 - Please keep your tights and shoes.
- All necessary tights (see pages 10&11)
- All necessary dance shoes (see pages 10 & 11)
- All necessary undergarments (see page 8)
- Extra Hairpins, bobby pins, hairnets (must match your hair color), hair spray/gel
- Make-up and make-up wipes (see page 8-9)
- Warm-ups (sweater, leg warmers, etc.)
- Portable mirror
- Water bottle

Dismissal from show

- All costumes must be returned before you leave.
- Dancers will meet their families in the theater.

PREPARATION

Undergarments

- Please carefully review the following policy regarding undergarments:
- All undergarments must match your skin tone.
- Options include:
 - *Skin-tone leotard*: with fabric straps, which are covered with your foundation makeup.
 - NO CLEAR PLASTIC STRAPS will be permitted.
 - If your leotard came with clear straps, the straps must be replaced.
 - The leotard must match the line of the costume and not be visible in the front or back.
 - *Skin-tone bra*: with fabric straps, which are covered with your foundation makeup.
 - Bras should be smooth (no padded cups), sports-type bras with camisole straps
 - The bra must match the line of the costume and not be visible in the front or back.
 - Same rules about straps apply, as with leotards, stated above.
 - *Skin-tone underwear*

Need other options? Talk to your teacher!

Hair

- *Hair that is long enough to make a ponytail*:
 - Low bun with side part executed neatly by using hairspray (no wispsies or flyaways), bobby pins & hairpins, hairnet, hair tie.
 - No bun-makers.
 - Please follow our our [YouTube bun tutorials](#).
 - All hair accessories must match hair color.
- *Hair that is not long enough to make a ponytail*:
 - Slick back with gel, and secured out of the face.

Need other options? Talk to your teacher!

Makeup

Feminine-presenting

Base: Apply foundation (should be a shade darker than your own skin). Apply translucent powder (optional).

Eyes: Apply primer (neutral powder) fully covering eyelid and up under brow, and blend.

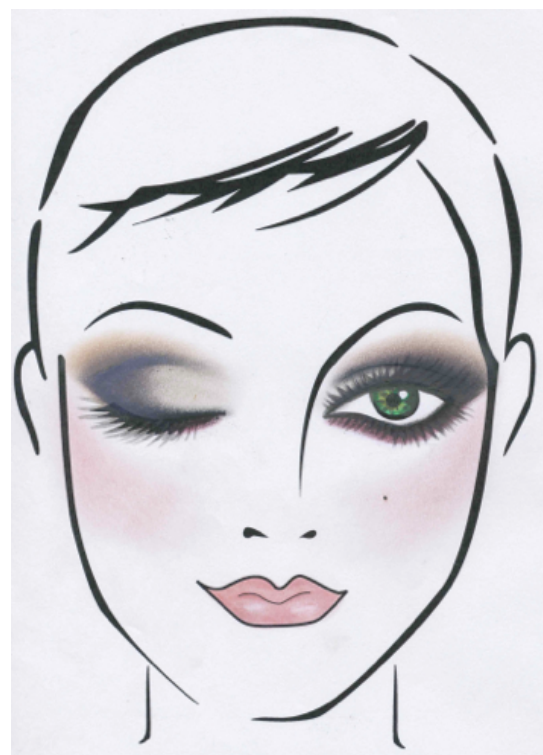
Apply mid-tone to lid, darker shade (contour) in crease of eye as well as outer 1/2 of lid (see closed eye on diagram), and finally lightest shade (highlight) under brow bone and in inner corner of eye. Apply black liner across upper lashes and lighter liner (brown) across lower lashes. Apply waterproof mascara to upper lashes.

Eyebrows:

Use an eyebrow product to shape and darken. Elongate so that the end is in line with the outer corner of your eye socket.

Cheeks: Use a darker tone blush to define cheekbones.

Lips: Moisten with chapstick, then apply dark red lipstick. Use a liner the same color or slightly darker to keep lips neat-looking.



Masculine-presenting

Base: Apply foundation (should be a shade darker than your own skin). Apply translucent powder (optional).

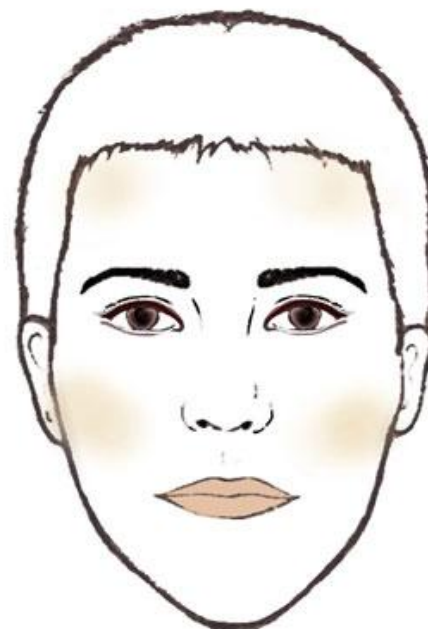
Eyes: Apply primer (neutral powder) fully covering eyelid and up under brow, and blend. Apply brown liner to bottom lash line. Highlight inner corner of eye with white pencil.

Eyebrows:

Use an eyebrow product to shape and darken. Elongate so that the end is in line with the outer corner of your eye socket.

Cheeks: Use a bronzer to define cheekbones.

Lips: Moisten with chapstick. Apply a neutral lip liner to define lips.



Need other options? Talk to your teacher!

Tights/Shoes/Base

Class/Dance/Dancer/ Character	Tights	Shoes	Undergarments
ACT 1			
Lyrical/What the World Needs Now/Female-Identifying	Skin-tone stirrup	None	As needed
Lyrical/What the World Needs Now/Male-Identifying	n/a	None	As needed
YDT/Annie & Viktor	Same as What the World Needs Now	Skin tone ballet shoes	Same as What the World Needs Now
Jr. Contemporary Rep. Sr. Contemporary Rep & Jazz Rep./We Are the World	Skin-tone stirrup	Skin-tone jazz	Skin-tone leotard
ACT 2			
Jazz Rep/Christina, Janna, Rachel	Skin-tone stirrup	None	As needed
Tink/Averie	Skin-tone stirrup	Skin tone shoes, as needed per dance	As needed
Wendy, Michael, John/Rachel, Lily, Janna	Skin-tone stirrup	Skin-tone jazz	Skin-tone leotard
Helen/Shadow	Skin-tone stirrup, black socks	Black jazz shoes	As needed
Siri/Peter Pan	Black socks	Black jazz boots	As needed
Pointe Rep/Christina & Helen	Skin-tone stirrup	Pancaked pointe shoes	Skin-tone leotard
YDT/Merpeople/Viktor	Black footed	Black ballet	As needed
YDT/Merpeople/Annie	Pink footed	Pink ballet	As needed
Jr. Musical Theater Rep/Lost Boys	n/a	Black jazz or black jazz boots	As needed
Musical Theater Tap/Lost Boys	n/a	Black tap shoes (slip on for Lucy, Elle, Declan)	As needed

Hook/Christina	Black leggings & black socks	Skin-tone jazz	As needed
Sr. MT/Pirates	n/a	Black jazz	As needed
ACT 3			
Jr. Contemporary Rep./Winter Warriors	Skin-tone stirrup	None	As needed
Sr. Contemporary Rep./Winter Warriors	None	Skin-tone ballet shoes	Skin-tone bra or leotard with straps that are as flat as possible
Jr. Musical Theater Rep./Hanukkah/Female-Identifying	Skin-tone footed or stirrup	Skin-tone jazz shoes	Skin-tone leotard
Jr. Musical Theater Rep./Hanukkah/Male-Identifying	Black socks	Black jazz shoes	As needed
Sr. Music Hall Rep./Snow	Skin tone FOOTED tights (not stirrup)	Skin-tone character shoes	As needed