

PERFORMER HANDBOOK FOR “MAKING SPIRITS BRIGHT” REHEARSAL AND SHOW AT THE JEANNE RIMSKY THEATER

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Malcolm & Nico

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YOUTH DANCE THEATER 1 & 2 & YOUNG CREATORS

REHEARSAL: Friday, December 20th: 4 pm- approx. 8:00 pm

Arrival for Rehearsal

- All dancers MUST arrive 15 minutes before rehearsal begins!
- A Parent/caregiver must stay for the duration of the rehearsal for dancers 10 years old or under
- Park elsewhere (side streets or Firehouse lot on Webster Ave) and walk in with your child.
- Use the front entrance of the Landmark Building on Main Street and sign in.
- NO CARS PERMITTED IN ANY LANDMARK LOT (FRONT OR BACK).

Getting Your Dancer Ready

- PROFESSIONAL PHOTOGRAPHY WILL BE TAKING PLACE! FULL HAIR AND MAKEUP REQUIRED.
- Arrive with hair in a performance-ready low ballet bun. No “bunmakers”. Please follow YouTube Bun tutorials [HERE](#).
- Arrive in makeup: sparkly eye shadow, dark eyeliner and/or mascara, blush, lipstick.
- Arrive wearing performance tights under street clothes. Do not arrive wearing other costume parts.
 - YDT 1: white footed dance tights
 - YDT 2: skin-tone footed dance tights
 - Young Creators: pink or skin-tone footed dance tights (must match ballet shoes)
- No underwear may be worn under costumes.
- No nail polish on fingers.
- No “tattoos” or markings on body.
- Remove ALL jewelry, and hair elastics from wrists.

Pack and Label the Following:

- All costumes and costume parts, including base leotards and headpieces.
 - You will keep your costumes until after the show.
 - All costumes are the *property of the Berest Dance Center* and must be left at the theater after the show.
 - Please keep your tights and shoes.
- All necessary dance shoes:
 - YDT 1: white ballet shoes
 - YDT 2: skin-tone ballet shoes

- Young Creators: pink or skin-tone ballet shoes (must match tights)
- Touch-up materials for hair: hairspray/gel, hair pins, bobby pins
- Clothing to go home in.
- Water only (no juice, please).
- Food: *nut-free*, non-messy, non-smelly
 - No eating while wearing costumes

Dismissal from Rehearsal

- Dancers may leave once all of their dances have been rehearsed.
- Sign out in the lobby.
- Upon sign-out, parents/caregivers will be issued an ID bracelet. You must present this to pick up your child after the show on Saturday. Please make sure that the parent/caregiver who will be picking the child up from the show has this bracelet on show-day (Saturday).

SHOW: Saturday, December 21st- dancers arrive at 2pm, show starts at 3pm

Arrival for Show

- Dancers arrive 1 hour before the show.
- NO CARS PERMITTED IN ANY LANDMARK LOT (FRONT OR BACK).
- Parking: side streets or Firehouse lot on Webster Ave.
- Use front entrance of Landmark Building on Main Street. Enter the theater and walk through the curtains to the left of the stage.
- Dancers must be escorted by a parent/caregiver to their dressing room.

Getting Your Dancer Ready

- PROFESSIONAL PHOTOGRAPHY WILL BE TAKING PLACE! FULL HAIR AND MAKEUP REQUIRED.
- Arrive with hair in a performance-ready low ballet bun. No “bunmakers”. Youtube Bun tutorials [HERE](#).
- Arrive in makeup: sparkly eye shadow, dark eyeliner and/or mascara, blush, lipstick.
- Arrive wearing performance tights under street clothes. Do not arrive wearing other costume parts.
 - YDT 1: white footed dance tights
 - YDT 2: skin-tone footed dance tights
 - Young Creators: pink or skin-tone footed dance tights (must match ballet shoes)
- No underwear may be worn under costumes.
- No nail polish on fingers.
- No “tattoos” or markings on body.

- Remove ALL jewelry, and hair elastics from wrists.
- MadeGood Granola bars will be provided.

Ingredients: Pure Gluten Free Oats*, Agave Syrup*, Chocolate Chips* (Cane Sugar*, Unsweetened Chocolate*, Cocoa Butter*), Brown Rice Syrup*, Sunflower Oil*, Invert Cane Syrup*, Brown Rice Crisps*, Vegetable Extracts (Spinach, Broccoli, Carrots, Tomatoes, Beets, Shiitake Mushrooms), Natural Flavor*, Agar*, Salt. *Organic

Pack and Label the Following:

- All costumes and costume parts, including base leotards and headpieces.
 - All costumes are the *property of the Berest Dance Center* and must be left at the theater after the show.
 - Please keep your tights and shoes.
- All necessary dance shoes:
 - YDT 1: white ballet shoes
 - YDT 2: skin-tone ballet shoes
 - Young Creators: pink or skin-tone ballet shoes (must match tights)
- Touch-up materials for hair: hairspray/gel, hair pins, bobby pins
- Clothing to go home in.
- Water only (no juice, please).
- NO OUTSIDE FOOD IS PERMITTED BACKSTAGE, except for medical exemptions

Dismissal from Show

- Pick up your child in their dressing room.
- Only the parent/caregiver in possession of the ID bracelet will be permitted backstage to retrieve your child.

Malcolm & Nico

REHEARSAL: Friday, December 20th: 4 pm- approx. 8:00pm

Arrival for Rehearsal

- All dancers MUST arrive 15 minutes before rehearsal begins!
- A Parent/caregiver must stay for the duration of the rehearsal for dancers under 10 years old
- Park elsewhere (side streets or Firehouse lot on Webster Ave) and walk in with your child.
- Use the front entrance of the Landmark Building on Main Street and sign in.
- NO CARS PERMITTED IN ANY LANDMARK LOT (FRONT OR BACK).

Pack and Label the Following:

- Food: nut-free, non-messy, non-smelly
- A water bottle
- All costumes
- All necessary dance shoes, socks, and underwear

Dismissal from Rehearsal

- Dancers may leave once all of their dances have been rehearsed.
- Sign out in the lobby.
- Upon sign-out, parents/caregivers will be issued an ID bracelet. You must present this to pick up your child after the show on Saturday. Please make sure that the parent/caregiver who will be picking the child up from the show has this bracelet on show-day (Saturday).

SHOW: Saturday December 21st- dancers arrive at 2:30pm, show starts at 3pm

Arrival for Show

- NO CARS PERMITTED IN ANY LANDMARK LOT (FRONT OR BACK).
- Parking: side streets or Firehouse lot on Webster Ave.
- Use front entrance of Landmark Building on Main Street. Enter the theater and walk through the curtains to the left of the stage.
- Dancers must be escorted by a parent/caregiver to their dressing room.
- MadeGood Granola bars will be provided.

Ingredients: Pure Gluten Free Oats*, Agave Syrup*, Chocolate Chips* (Cane Sugar*, Unsweetened Chocolate*, Cocoa Butter*), Brown Rice Syrup*, Sunflower Oil*, Invert Cane Syrup*, Brown Rice Crisps*, Vegetable Extracts (Spinach, Broccoli, Carrots, Tomatoes, Beets, Shiitake Mushrooms), Natural Flavor*, Agar*, Salt. *Organic

Pack and Label the Following:

- NO OUTSIDE FOOD IS PERMITTED BACKSTAGE, except for medical exemptions
- A water bottle
- All costumes
- Any necessary underwear

Dismissal from Show

- Pick up your dancer in their dressing room.
-

MIDDLE AND HIGH SCHOOLERS

REHEARSAL: Friday, December 20th: 4 pm- approx. 9 pm

Arrival for rehearsal

- All dancers MUST arrive 15 minutes before rehearsal begins!
- NO CARS PERMITTED IN ANY LANDMARK LOT (FRONT OR BACK).
- Park elsewhere (side streets or Firehouse lot on Webster Ave) and walk
- Use the front entrance of the Landmark Building on Main Street and sign in.

Getting Ready

- PROFESSIONAL PHOTOGRAPHY WILL BE TAKING PLACE! FULL HAIR AND MAKEUP REQUIRED.
- Arrive with your hair and makeup done. (See pages 8-9)
- Arrive in the tights and undergarments for your first dance, under street clothes or regular dance gear. Do not arrive in any other costume parts.
- No nail polish.
- No “tattoos” or markings on body.
- Remove ALL jewelry, and hair elastics from wrists.

Pack the following:

- Food: *nut-free*, non-messy, non-smelly
 - No eating in costume
- All costumes and costume parts, including base leotards and headpieces.
 - You will keep your costumes until after the show.
 - All costumes are the *property of the Berest Dance Center* and must be left at the theater after the show.
 - Please keep your tights and shoes.
- All necessary tights (see pages 10-11)
- All necessary dance shoes (see pages 10-11)
- All necessary undergarments (see page 8, 10-11)
- Extra Hairpins, bobby pins, hairnets (must match your hair color), hair spray/gel
- Make-up and make-up wipes
- Warm-ups (sweater, leg warmers, etc.)
- Portable mirror
- Water bottle

Dismissal from rehearsal

- Dancers may leave once all of their dances have been rehearsed. Pick up times may vary.

- NO CARS PERMITTED IN LANDMARK PARKING LOTS (FRONT OR BACK).
- Parking: side streets or firehouse lot on Webster Ave.
- All dancers must sign out in the lobby.

SHOW: Saturday, December 21st- dancers arrive at 1:30pm, show starts at 3pm

Arrival for show

- Arrive 1.5 hours before the show for required warm-up
- NO CARS PERMITTED IN LANDMARK PARKING LOTS (FRONT OR BACK).
- Parking: side streets or Firehouse lot on Webster Ave.
- Use front entrance of Landmark Building on Main Street. Enter the theater and walk through the curtains to the left of the stage.
- Sign-in backstage

Getting Ready

- PROFESSIONAL PHOTOGRAPHY WILL BE TAKING PLACE! FULL HAIR AND MAKEUP REQUIRED.
- Arrive with your hair and makeup done. (See pages 8-9)
- Arrive in regular dance gear. You will have plenty of time to change into your tights/undergarments/first costume.
- No nail polish.
- No “tattoos” or markings on body.
- Remove ALL jewelry, and hair elastics from wrists.

Pack the following:

- Food: *nut-free*, non-messy, non-smelly snack foods
 - Absolutely no eating in the dressing rooms. Eat only in the green room.
 - No eating in costume
- All costumes and costume parts, including base leotards and headpieces.
 - You will keep your costumes until after the show.
 - All costumes are the *property of the Berest Dance Center* and must be left at the theater after the show.
 - Please keep your tights and shoes.
- All necessary tights (see pages 10-11)
- All necessary dance shoes (see pages 10-11)
- All necessary undergarments (see page 8, 10-11)
- Extra Hairpins, bobby pins, hairnets (must match your hair color), hair spray/gel
- Make-up and make-up wipes
- Warm-ups (sweater, leg warmers, etc.)
- Portable mirror
- Water bottle

Dismissal from show

- All costumes must be returned before you leave.
- Dancers will meet their families in the theater.

PREPARATION

Undergarments

- Please carefully review the following policy regarding undergarments:
- All undergarments must match your skin tone.
- Options include:
 - *Skin-tone leotard*: with fabric straps, which are covered with your foundation makeup.
 - NO CLEAR PLASTIC STRAPS will be permitted.
 - If your leotard came with clear straps, the straps must be replaced.
 - The leotard must match the line of the costume and not be visible in the front or back.
 - *Skin-tone bra*: with fabric straps, which are covered with your foundation makeup.
 - Bras should be smooth (no padded cups), sports-type bras with camisole straps
 - The bra must match the line of the costume and not be visible in the front or back.
 - Same rules about straps apply, as with leotards, stated above.
 - *Skin-tone underwear*

Need other options? Talk to your teacher!

Hair

- *Hair that is long enough to make a ponytail*:
 - Low bun with side part executed neatly by using hairspray (no wispies or flyaways), bobby pins & hairpins, hairnet, hair tie.
 - No bun-makers.
 - Please follow our our [YouTube bun tutorials](#).
 - All hair accessories must match hair color.
- *Hair that is not long enough to make a ponytail*:
 - Slick back with gel, and secured out of the face.

Need other options? Talk to your teacher!

Makeup

Feminine-presenting

Base: Apply foundation (should be a shade darker than your own skin). Apply translucent powder (optional).

Eyes: Apply primer (neutral powder) fully covering eyelid and up under brow, and blend.

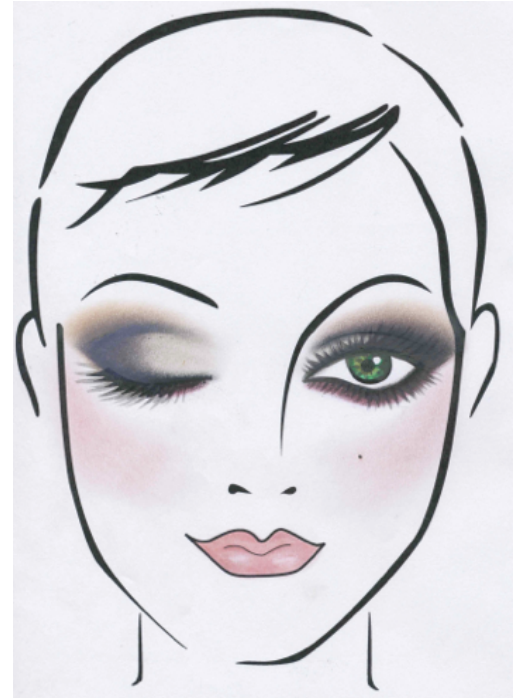
Apply mid-tone to lid, darker shade (contour) in crease of eye as well as outer 1/2 of lid (see closed eye on diagram), and finally lightest shade (highlight) under brow bone and in inner corner of eye. Apply black liner across upper lashes and lighter liner (brown) across lower lashes. Apply waterproof mascara to upper lashes.

Eyebrows:

Use an eyebrow product to shape and darken. Elongate so that the end is in line with the outer corner of your eye socket.

Cheeks: Use a darker tone blush to define cheekbones.

Lips: Moisten with chapstick, then apply dark red lipstick. Use a liner the same color or slightly darker to keep lips neat-looking.



Masculine-presenting

Base: Apply foundation (should be a shade darker than your own skin). Apply translucent powder (optional).

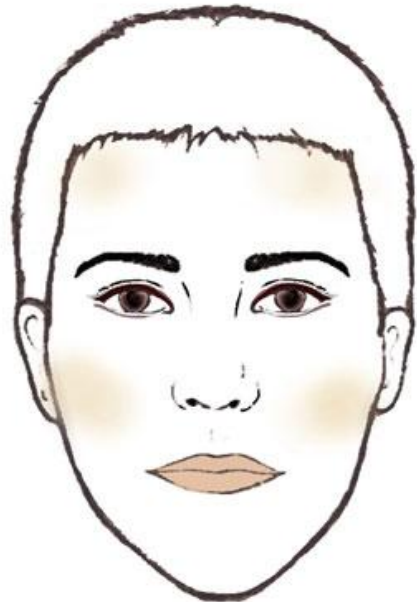
Eyes: Apply primer (neutral powder) fully covering eyelid and up under brow, and blend. Apply brown liner to bottom lash line. Highlight inner corner of eye with white pencil.

Eyebrows:

Use an eyebrow product to shape and darken. Elongate so that the end is in line with the outer corner of your eye socket.

Cheeks: Use a bronzer to define cheekbones.

Lips: Moisten with chapstick. Apply a neutral lip liner to define lips.



Need other options? Talk to your teacher!

Tights/Shoe/Undergarments

| Class/Dance/Dancer/ Character | Tights | Shoes | Undergarments |
|---|---|----------------------|--|
| ACT 1 | | | |
| Sr. Jazz Rep(Floryn)/female identifying | Skin-tone footed | Skin-tone ballet | Skin-tone underwear |
| Sr. Jazz rep (Floryn)/male identifying | none | Skin-tone ballet | As needed |
| Sr. Lyrical (Jess)/female identifying | Skin-tone footed | Skin-tone jazz | Skin-tone leotard or skin-tone bra and underwear |
| Sr. Lyrical(Jess)/male identifying | none | Skin-tone jazz | As needed |
| Jr. Contemporary Rep (Elena) | Skin-tone footless | none | Low back skin-tone leotard |
| ACT 2 | | | |
| Jr. Contemporary Rep (Elena)/Caterpillar | none | none | Skin-tone leotard or skin-tone cami bra and underwear |
| HipHop Duet (Lance)/Jamie W. | none | Adidas | Skin-tone leotard |
| HipHop Duet/ Jamie B. | none | Adidas | As needed |
| Theater Kids 1 (Sharon)/ Oysters | Grey (provided with costume) | Skin-tone jazz shoes | Skin-tone leotard |
| Theater Kids 1 (Sharon)/Reindeer | Black footed tights | Black tap shoes | Skin-tone leotard or skin-tone cami bra and underwear (high cut) |
| Theater Kids 1/2 (Melissa)/Mad Tea Party | Black leggings (Aurelia, Hope, Elle, Harley, Bella, Ashley, Helen, Ella) Black bike shorts (Morgan, Violet, Sadie, Cailyn, Declan, Ada, Jamie) | Skin-tone jazz shoes | Black leotard Black tank (Declan) |
| Aria | Skin-tone footless | dance paws | Skin-tone leotard |

| | | | |
|--|---|----------------------------|--|
| Joia | None (bring black jazz pants) | Black jazz | As needed |
| Viktor | none | Black jazz | As needed |
| Annie | none | Black jazz | As needed |
| Charlotte | Striped (with costume) | Skin-tone jazz | As needed |
| Jessie | None (bring black bike shorts) | Black jazz boots | Black leotard |
| Holly | Brown (with costume) | Skin-tone jazz | As needed |
| Lucy B. | Grey (with costume) | Skin-tone jazz | As needed |
| Kate | Skin tone footed | Skin-tone jazz & character | As needed (bring black bike shorts) |
| Sam | None (bring black jazz pants) | Black jazz | As needed |
| ACT 3 | | | |
| Theater Kids 1/2 (Melissa)/Polar Express | None | Skin-tone jazz shoes | Skin-tone leotard (female identifying dancers) |
| Musical Theater Tap (Sharon)/ Chess Pieces | None | Black tap shoes | Skin-tone leotard or skin-tone cami bra and underwear |
| Musical Theater Tap (Sharon)/ Reindeer | Black footed tights | Black tap shoes | Skin-tone leotard or skin-tone cami bra and underwear (high cut) |
| Sr. Music Hall Rep/female identifying | Skin-tone footed or convertible (not stirrup) | Skin-tone character shoes | Skin-tone bra and underwear |
| Sr. Music Hall Rep/male identifying | none | Black ballroom | As needed |