

PERFORMER HANDBOOK FOR “MAKING SPIRITS BRIGHT” REHEARSAL AND SHOW AT THE JEANNE RIMSKY THEATER

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Malcolm & Nico

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YOUTH DANCE THEATER 1 & 2 & YOUNG CREATORS

REHEARSAL: Friday, December 12th: 4 pm- approx. 8:00 pm

Arrival for Rehearsal

- All dancers MUST arrive 15 minutes before rehearsal begins!
- A Parent/caregiver must stay for the duration of the rehearsal for dancers 10 years old or under
- Park elsewhere (side streets or Firehouse lot on Webster Ave) and walk in with your child.
- Use the front entrance of the Landmark Building on Main Street and sign in.
- NO CARS PERMITTED IN ANY LANDMARK LOT (FRONT OR BACK).

Getting Your Dancer Ready

- PROFESSIONAL PHOTOGRAPHY WILL BE TAKING PLACE! FULL HAIR AND MAKEUP REQUIRED.
- Arrive with hair in a performance-ready low ballet bun. No “bunmakers”. Please follow YouTube Bun tutorials [HERE](#).
- Arrive in makeup: sparkly eye shadow, dark eyeliner and/or mascara, blush, lipstick.
- Arrive wearing performance tights and skin-tone leotard under street clothes. Do not arrive wearing other costume parts.
 - YDT: pink footed dance tights
 - Young Creators: pink or skin-tone footed dance tights (must match ballet shoes)
- No underwear may be worn under costumes.
- No nail polish on fingers.
- No “tattoos” or markings on body.
- Remove ALL jewelry, and hair elastics from wrists.

Pack and Label the Following:

- All costumes and costume parts, including base leotards and headpieces.
 - You will keep your costumes until after the show.
 - All costumes are the *property of the Berest Dance Center* and must be left at the theater after the show.
 - Please keep your tights and shoes.
- All necessary dance shoes:
 - YDT: pink ballet shoes
 - Young Creators: pink or skin-tone ballet shoes (must match tights) & tan jazz shoes
- Touch-up materials for hair: hairspray/gel, hair pins, bobby pins

- Clothing to go home in.
- Water only (no juice, please).
- Food: *nut-free*, non-messy, non-smelly
 - No eating while wearing costumes

Dismissal from Rehearsal

- Dancers may leave once all of their dances have been rehearsed.
- Sign out in the lobby.
- Upon sign-out, parents/caregivers will be issued an ID bracelet. You must present this to pick up your child after the show on Saturday. Please make sure that the parent/caregiver who will be picking the child up from the show has this bracelet on show-day (Saturday).

SHOW: Saturday, December 13th- dancers arrive at 2pm, show starts at 3pm

Arrival for Show

- Dancers arrive 1 hour before the show.
- NO CARS PERMITTED IN ANY LANDMARK LOT (FRONT OR BACK).
- Parking: side streets or Firehouse lot on Webster Ave.
- Use front entrance of Landmark Building on Main Street. Enter the theater and walk through the curtains to the left of the stage.
- Dancers must be escorted by a parent/caregiver to their dressing room.

Getting Your Dancer Ready

- PROFESSIONAL PHOTOGRAPHY WILL BE TAKING PLACE! FULL HAIR AND MAKEUP REQUIRED.
- Arrive with hair in a performance-ready low ballet bun. No “bunmakers”. Youtube Bun tutorials [HERE](#).
- Arrive in makeup: sparkly eye shadow, dark eyeliner and/or mascara, blush, lipstick.
- Arrive wearing performance tights under street clothes. Do not arrive wearing other costume parts.
 - YDT: pink footed dance tights
 - Young Creators: pink or skin-tone ballet shoes (must match tights) & tan jazz shoes
- No underwear may be worn under costumes.
- No nail polish on fingers.
- No “tattoos” or markings on body.
- Remove ALL jewelry, and hair elastics from wrists.
- MadeGood Granola bars will be provided.

Ingredients: Pure Gluten Free Oats*, Agave Syrup*, Chocolate Chips* (Cane Sugar*, Unsweetened Chocolate*, Cocoa Butter*), Brown Rice Syrup*, Sunflower Oil*, Invert Cane Syrup*, Brown Rice Crisps*, Vegetable Extracts (Spinach, Broccoli, Carrots, Tomatoes, Beets, Shiitake Mushrooms), Natural

(Spinach, Broccoli, Carrots, Tomatoes, Beets, Shiitake Mushrooms), Natural
Flavor*, Agar*, Salt. *Organic

Pack and Label the Following:

- All costumes and costume parts, including base leotards and headpieces.
 - All costumes are the *property of the Berest Dance Center* and must be left at the theater after the show.
 - Please keep your tights and shoes.
- All necessary dance shoes:
 - YDT 1: pink ballet shoes
 - Young Creators: pink or skin-tone ballet shoes (must match tights)
- Touch-up materials for hair: hairspray/gel, hair pins, bobby pins
- Clothing to go home in.
- Water only (no juice, please).
- NO OUTSIDE FOOD IS PERMITTED BACKSTAGE, except for medical exemptions

Dismissal from Show

- Pick up your child in their dressing room.
- Only the parent/caregiver in possession of the ID bracelet will be permitted backstage to retrieve your child.

Malcolm & Nico

REHEARSAL: Friday, December 12th: 4 pm- approx. 8:00pm

Arrival for Rehearsal

- All dancers MUST arrive 15 minutes before rehearsal begins!
- A Parent/caregiver must stay for the duration of the rehearsal for dancers under 10 years old
- Park elsewhere (side streets or Firehouse lot on Webster Ave) and walk in with your child.
- Use the front entrance of the Landmark Building on Main Street and sign in.
- NO CARS PERMITTED IN ANY LANDMARK LOT (FRONT OR BACK).

Pack and Label the Following:

- Food: nut-free, non-messy, non-smelly
- A water bottle
- Costume
- Tan jazz shoes
- Any necessary underwear

Dismissal from Rehearsal

- Dancers may leave once all of their dances have been rehearsed.
- Sign out in the lobby.
- Upon sign-out, parents/caregivers will be issued an ID bracelet. You must present this to pick up your child after the show on Saturday. Please make sure that the parent/caregiver who will be picking the child up from the show has this bracelet on show-day (Saturday).

SHOW: Saturday December 13th- dancers arrive at 2:30pm, show starts at 3pm

Arrival for Show

- NO CARS PERMITTED IN ANY LANDMARK LOT (FRONT OR BACK).
- Parking: side streets or Firehouse lot on Webster Ave.
- Use front entrance of Landmark Building on Main Street. Enter the theater and walk through the curtains to the left of the stage.
- Dancers must be escorted by a parent/caregiver to their dressing room.
- MadeGood Granola bars will be provided.

Ingredients: Pure Gluten Free Oats*, Agave Syrup*, Chocolate Chips*
(Cane Sugar*, Unsweetened Chocolate*, Cocoa Butter*), Brown Rice Syrup*,
Sunflower Oil*, Invert Cane Syrup*, Brown Rice Crisps*, Vegetable Extracts
(Spinach, Broccoli, Carrots, Tomatoes, Beets, Shiitake Mushrooms), Natural
Flavor*, Agar*, Salt. *Organic

Pack and Label the Following:

- NO OUTSIDE FOOD IS PERMITTED BACKSTAGE, except for medical exemptions
- A water bottle
- Costume
- Tan jazz shoes
- Any necessary underwear

Dismissal from Show

- Pick up your dancer in their dressing room.
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MIDDLE AND HIGH SCHOOLERS

REHEARSAL: Friday, December 12th: 4 pm- approx. 9 pm

Arrival for rehearsal

- All dancers MUST arrive 15 minutes before rehearsal begins!
- NO CARS PERMITTED IN ANY LANDMARK LOT (FRONT OR BACK).
- Park elsewhere (side streets or Firehouse lot on Webster Ave) and walk
- Use the front entrance of the Landmark Building on Main Street and sign in.

Getting Ready

- PROFESSIONAL PHOTOGRAPHY WILL BE TAKING PLACE! FULL HAIR AND MAKEUP REQUIRED.
- Arrive with your hair and makeup done. (See pages 8-9)
- Arrive in the tights and undergarments for your first dance, under street clothes or regular dance gear. Do not arrive in any other costume parts.
- No nail polish.
- No “tattoos” or markings on body.
- Remove ALL jewelry, and hair elastics from wrists.

Pack the following:

- Food: *nut-free*, non-messy, non-smelly
 - No eating in costume
- All costumes and costume parts, including base leotards and headpieces.
 - You will keep your costumes until after the show.
 - All costumes are the *property of the Berest Dance Center* and must be left at the theater after the show.
 - Please keep your tights and shoes.
- All necessary tights (see pages 10-11)
- All necessary dance shoes (see pages 10-11)
- All necessary undergarments (see page 8, 10-11)
- Extra Hairpins, bobby pins, hairnets (must match your hair color), hair spray/gel
- Make-up and make-up wipes
- Warm-ups (sweater, leg warmers, etc.)
- Portable mirror
- Water bottle

Dismissal from rehearsal

- Dancers may leave once all of their dances have been rehearsed. Pick up times may vary.

- NO CARS PERMITTED IN LANDMARK PARKING LOTS (FRONT OR BACK).
- Parking: side streets or firehouse lot on Webster Ave.
- All dancers must sign out in the lobby.

SHOW: Saturday, December 13th- dancers arrive at 1:30pm, show starts at 3pm

Arrival for show

- Arrive 1.5 hours before the show for required warm-up
- NO CARS PERMITTED IN LANDMARK PARKING LOTS (FRONT OR BACK).
- Parking: side streets or Firehouse lot on Webster Ave.
- Use front entrance of Landmark Building on Main Street. Enter the theater and walk through the curtains to the left of the stage.
- Sign-in backstage

Getting Ready

- PROFESSIONAL PHOTOGRAPHY WILL BE TAKING PLACE! FULL HAIR AND MAKEUP REQUIRED.
- Arrive with your hair and makeup done. (See pages 8-9)
- Arrive in regular dance gear. You will have plenty of time to change into your tights/undergarments/first costume.
- No nail polish.
- No “tattoos” or markings on body.
- Remove ALL jewelry, and hair elastics from wrists.

Pack the following:

- Food: *nut-free*, non-messy, non-smelly snack foods
 - Absolutely no eating in the dressing rooms. Eat only in the green room.
 - No eating in costume
- All costumes and costume parts, including base leotards and headpieces.
 - You will keep your costumes until after the show.
 - All costumes are the *property of the Berest Dance Center* and must be left at the theater after the show.
 - Please keep your tights and shoes.
- All necessary tights (see pages 10-11)
- All necessary dance shoes (see pages 10-11)
- All necessary undergarments (see page 8, 10-11)
- Extra Hairpins, bobby pins, hairnets (must match your hair color), hair spray/gel
- Make-up and make-up wipes
- Warm-ups (sweater, leg warmers, etc.)
- Portable mirror
- Water bottle

Dismissal from show

- All costumes must be returned before you leave.
- Dancers will meet their families in the theater.

PREPARATION

Undergarments

- Please carefully review the following policy regarding undergarments:
- All undergarments must match your skin tone.
- Options include:
 - *Skin-tone leotard*: with fabric straps, which are covered with your foundation makeup.
 - NO CLEAR PLASTIC STRAPS will be permitted.
 - If your leotard came with clear straps, the straps must be replaced.
 - The leotard must match the line of the costume and not be visible in the front or back.
 - *Skin-tone bra*: with fabric straps, which are covered with your foundation makeup.
 - Bras should be smooth (no padded cups), sports-type bras with camisole straps
 - The bra must match the line of the costume and not be visible in the front or back.
 - Same rules about straps apply, as with leotards, stated above.
 - *Skin-tone underwear*

Need other options? Talk to your teacher!

Hair

- *Hair that is long enough to make a ponytail:*
 - Low bun with side part executed neatly by using hairspray (no wispies or flyaways), bobby pins & hairpins, hairnet, hair tie.
 - No bun-makers.
 - Please follow our [YouTube bun tutorials](#).
 - All hair accessories must match hair color.
- *Hair that is not long enough to make a ponytail:*
 - Slick back with gel, and secured out of the face.

Need other options? Talk to your teacher!

Makeup

Feminine-presenting

Base: Apply foundation (should be a shade darker than your own skin). Apply translucent powder (optional).

Eyes: Apply primer (neutral powder) fully covering eyelid and up under brow, and blend.

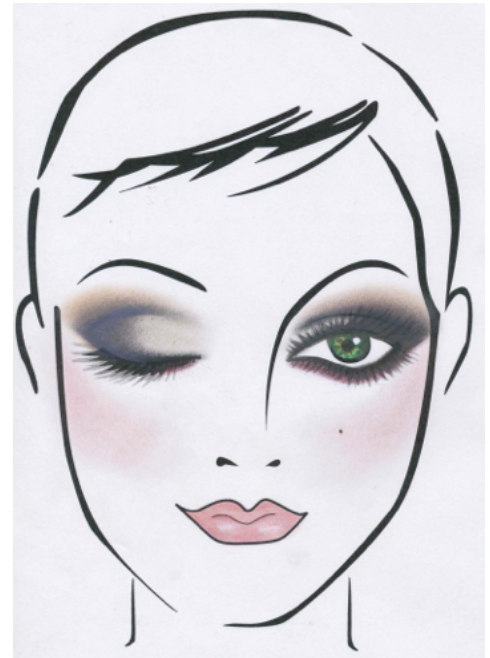
Apply mid-tone to lid, darker shade (contour) in crease of eye as well as outer 1/2 of lid (see closed eye on diagram), and finally lightest shade (highlight) under brow bone and in inner corner of eye. Apply black liner across upper lashes and lighter liner (brown) across lower lashes. Apply waterproof mascara to upper lashes.

Eyebrows:

Use an eyebrow product to shape and darken. Elongate so that the end is in line with the outer corner of your eye socket.

Cheeks: Use a darker tone blush to define cheekbones.

Lips: Moisten with chapstick, then apply dark red lipstick. Use a liner the same color or slightly darker to keep lips neat-looking.



Masculine-presenting

Base: Apply foundation (should be a shade darker than your own skin). Apply translucent powder (optional).

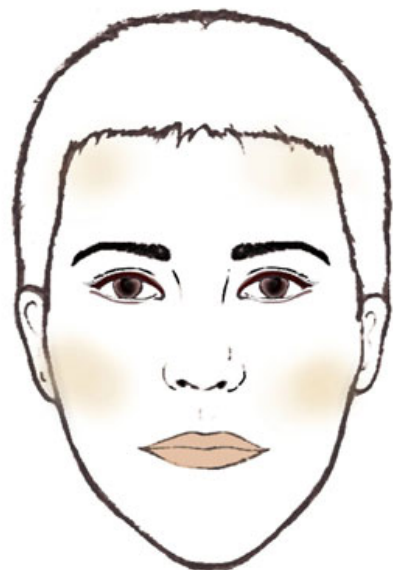
Eyes: Apply primer (neutral powder) fully covering eyelid and up under brow, and blend. Apply brown liner to bottom lash line. Highlight inner corner of eye with white pencil.

Eyebrows:

Use an eyebrow product to shape and darken. Elongate so that the end is in line with the outer corner of your eye socket.

Cheeks: Use a bronzer to define cheekbones.

Lips: Moisten with chapstick. Apply a neutral lip liner to define lips.



Need other options? Talk to your teacher!

Tights/Shoe/Undergarments**JR REPS**

Class/Dance/Dancer/ Character	Tights	Shoes	Undergarments
YDT/Walking In The Air/Elle,Sadie, Hannah	Pink	Pink ballet	Skin-tone leotard
Jr. Contemporary/Hallelujah	Skin-tone footless	none	Skin-tone leotard
Jr. Contemporary/Rainbow	Skin-tone footless	none	Skin-tone bra & underwear
MT Tap 5/Munchkins	none	Black tap	Skin-tone leotard
YDT/Poppies/Elle,Sadie, Hannah	Pink	Pink ballet	As needed, remember to bring your black leotard
Theater Dance & Musical Theater 6a/Emerald City	none	Skin-tone jazz	Skin-tone leotard or skin-tone bra/underwear
Theater Dance/Chipmunks	None	Skin-tone jazz shoes	Skin-tone leotard or skin-tone bra/underwear
MT Tap 5/Soldiers	none	Black tap	Skin-tone leotard or skin-tone bra/underwear
Musical Theater 6a/Candy Canes	Skin-tone footed or convertible (not stirrup)	Tan character	Skin-tone bra & underwear (high cut)

SR REPS

Class/Dance/Dancer/ Character	Tights	Shoes	Undergarments
ACT 1			
Sr. Jazz Rep	Skin-tone stirrup	Skin-tone ballet	Skin-tone leotard or skin-tone bra/underwear
Sr. Contemporary	Skin-tone stirrup (roll up) or footless	none	Skin-tone leotard or skin-tone bra/underwear
Sr. Lyrical/female identifying	Skin-tone footed/convertible	Skin-tone jazz	Skin-tone leotard or skin-tone bra and underwear
Sr. Lyrical/male identifying	none	Skin-tone jazz	As needed

ACT 2			
Sr. Contemporary Rep/Tornado/Lucy, Joia, Charlotte, Holly	none	none	As needed
Sr. Contemporary/Tornado Viktor	none	none	As needed
Annie	Skin tone footed/convertible	Red ballet shoes	Skin-tone leotard
Sam	none	Skin-tone jazz	As needed
Joia	None (bring black jazz pants)	Skin-tone jazzz	As needed
Viktor	none	Black ballroom	As needed
Charlotte	none	Black jazz	As needed
Holly	None	Skin-tone jazz	As needed
Lucy	Black footed	Black jazz boots	Skin-tone leotard
Jamie B	N/A	Black sneakers	As needed
Sabrina	Skin-tone footed/convertible	Skin-tone jazz	Skin-tone leotard
ACT 3			
Sr. Jazz Rep	Talk to Floryn	Talk to Floryn	As needed
Sr. Music Hall Rep/Anne, Joia, Charlotte	Skin-tone footed or convertible (not stirrup)	Skin-tone character shoes	Skin-tone bra and underwear (high cut)
Sr. Music Hall Rep/Viktor	none	Black ballroom	As needed

