

# **PERFORMER PROTOCOL FOR “MAKING SPIRITS BRIGHT” REHEARSAL AND SHOW AT THE JEANNE RIMSKY THEATER**

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# YOUTH DANCE THEATER & YOUNG CREATORS

**REHEARSAL**: Friday, December 9th: 4 pm- approx. 8:30 pm

## Arrival for Rehearsal

- All dancers **MUST** arrive 15 minutes before rehearsal begins!
- A Parent/caregiver must stay for the duration of the rehearsal
- Park elsewhere (side streets or Firehouse lot on Webster Ave) and walk in with your child.
- Use the front entrance of the Landmark Building on Main Street and sign in.
- **NO CARS PERMITTED IN ANY LANDMARK LOT (FRONT OR BACK).**

## Getting Your Dancer Ready

- PROFESSIONAL PHOTOGRAPHY WILL BE TAKING PLACE! FULL HAIR AND MAKEUP REQUIRED.
- Arrive with hair in a performance-ready low ballet bun. No “bunmakers”. Youtube Bun tutorials [HERE](#).
- Arrive in makeup: sparkly eye shadow, dark eyeliner and/or mascara, blush, lipstick.
- Arrive wearing tights under street clothes (white for Youth Dance, pink/skin-tone for Young Creators). Do not arrive wearing any other costume parts.
- No underwear may be worn under costumes.
- No nail polish on fingers.
- No “tattoos” or markings on body.
- Remove ALL jewelry, and hair elastics from wrists.

## Pack and Label the Following:

- All costumes and costume parts, including base leotards and headpieces.
  - You will keep your costumes until after the show.
  - All costumes are the *property of the Berest Dance Center* and must be left at the theater after the show.
  - Please keep your tights and shoes.
- All necessary dance shoes and tights.
  - **Youth Dance Theater:** white dance tights, pink or skin-tone footed dance tights, ballet shoes
  - **Young Creators:** pink or skin-tone footed dance tights, tap shoes, ballet shoes

- Touch-up materials for hair: hairspray/gel, hair pins, bobby pins
- Clothing to go home in.
- Water only (no juice, please).
- Food: *nut-free*, non-messy, non-smelly
  - No eating while wearing costumes

### **Dismissal from Rehearsal**

- Dancers may leave once all of their dances have been rehearsed.
- Sign out in the lobby.
- Upon sign-out, parents/caregivers will be issued an ID bracelet. You must present this to pick up your child after the show on Saturday. Please make sure that the parent/caregiver who will be picking the child up from the show has this bracelet on show-day (Saturday).

**SHOW:** Saturday, December 10th- dancers arrive at 2pm, show starts at 3pm

### **Arrival for Show**

- Dancers arrive 1 hour before the show.
- NO CARS PERMITTED IN ANY LANDMARK LOT (FRONT OR BACK).
- Parking: side streets or Firehouse lot on Webster Ave.
- Use front entrance of Landmark Building on Main Street. Enter the theater and walk through the curtains to the left of the stage.
- Dancers must be escorted by a parent/caregiver to their dressing room.

### **Getting Your Dancer Ready**

- PROFESSIONAL PHOTOGRAPHY WILL BE TAKING PLACE! FULL HAIR AND MAKEUP REQUIRED.
- Arrive with hair in a performance-ready low ballet bun. No “bunmakers”. Youtube Bun tutorials [HERE](#).
- Arrive in makeup: sparkly eye shadow, dark eyeliner and/or mascara, blush, lipstick.
- Arrive wearing tights under street clothes (white for Youth Dance, pink/skin-tone for Young Creators). Do not arrive wearing any other costume parts.
- No underwear may be worn under costumes.
- No nail polish on fingers.
- No “tattoos” or markings on body.
- Remove ALL jewelry, and hair elastics from wrists.

### Pack and Label the Following:

- All costumes and costume parts, including base leotards and headpieces.
  - All costumes are the *property of the Berest Dance Center* and must be left at the theater after the show.
  - Please keep your tights and shoes.
- All necessary dance shoes and tights.
  - **Youth Dance Theater:** white dance tights, pink or skin-tone footed dance tights, ballet shoes
  - **Young Creators:** pink or skin-tone footed dance tights, tap shoes, ballet shoes
- Touch-up materials for hair: hairspray/gel, hair pins, bobby pins
- Clothing to go home in.
- Water only (no juice, please).
- NO FOOD IS PERMITTED BACKSTAGE, except for medical exemptions

### Dismissal from Show

- Pick up your child in their dressing room.
- Only the parent/caregiver in possession of the ID bracelet will be permitted backstage to retrieve your child.

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## BOYS HIPHOP & CAT IN THE HAT

**REHEARSAL:** Friday, December 9th: 4 pm- approx. 7:45pm

### Arrival for Rehearsal

- All dancers **MUST** arrive 15 minutes before rehearsal begins!
- A Parent/caregiver must stay for the duration of the rehearsal
- Park elsewhere (side streets or Firehouse lot on Webster Ave) and walk in with your child.
- Use the front entrance of the Landmark Building on Main Street and sign in.
- NO CARS PERMITTED IN ANY LANDMARK LOT (FRONT OR BACK).

### Pack and Label the Following:

- Food: nut-free, non-messy, non-smelly
- A water bottle
- All costumes
- All necessary dance shoes, socks, and underwear

### **Dismissal from Rehearsal**

- Dancers may leave once all of their dances have been rehearsed.
- Sign out in the lobby.
- Upon sign-out, parents/caregivers will be issued an ID bracelet. You must present this to pick up your child after the show on Saturday. Please make sure that the parent/caregiver who will be picking the child up from the show has this bracelet on show-day (Saturday).

**SHOW:** Saturday December 10th- dancers arrive at 2:30pm, show starts at 3pm

### **Arrival for Show**

- NO CARS PERMITTED IN ANY LANDMARK LOT (FRONT OR BACK).
- Parking: side streets or Firehouse lot on Webster Ave.
- Use front entrance of Landmark Building on Main Street. Enter the theater and walk through the curtains to the left of the stage.
- Dancers must be escorted by a parent/caregiver to their dressing room.

### **Pack and Label the Following:**

- NO FOOD PERMITTED BACKSTAGE
- A water bottle
- All costumes
- All necessary dance shoes & socks
- Any necessary underwear

### **Dismissal from Show**

- Pick up your dancer in their dressing room.

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## **MIDDLE AND HIGH SCHOOLERS**

**REHEARSAL:** Friday, December 9th: 4 pm- approx. 9 pm

### **Arrival for rehearsal**

- All dancers MUST arrive 15 minutes before rehearsal begins!
- NO CARS PERMITTED IN ANY LANDMARK LOT (FRONT OR BACK).
- Park elsewhere (side streets or Firehouse lot on Webster Ave) and walk
- Use the front entrance of the Landmark Building on Main Street and sign in.

## Getting Ready

- PROFESSIONAL PHOTOGRAPHY WILL BE TAKING PLACE! FULL HAIR AND MAKEUP REQUIRED.
- Arrive with your hair and makeup done. (See pages 8-9)
- Arrive in the tights and undergarments for your first dance, under street clothes or regular dance gear.. Do not arrive in any other costume parts.
- No nail polish.
- No “tattoos” or markings on body.
- Remove ALL jewelry, and hair elastics from wrists.

## Pack the following:

- Food: *nut-free*, non-messy, non-smelly
  - No eating in costume
- All costumes and costume parts, including base leotards and headpieces.
  - You will keep your costumes until after the show.
  - All costumes are the *property of the Berest Dance Center* and must be left at the theater after the show.
  - Please keep your tights and shoes.
- All necessary tights (see page 10)
- All necessary dance shoes (see page 10)
- All necessary undergarments (see page 8)
- Extra Hairpins, bobby pins, hairnets (must match your hair color), hair spray/gel
- Make-up and make-up wipes (see page 8-9)
- Warm-ups (sweater, leg warmers, etc.)
- Portable mirror
- Water bottle

## Dismissal from rehearsal

- Dancers may leave once all of their dances have been rehearsed. Pick up times may vary.
- NO CARS PERMITTED IN LANDMARK PARKING LOTS (FRONT OR BACK).
- Parking: side streets or firehouse lot on Webster Ave.
- All dancers must sign out in the lobby.

**SHOW:** Saturday, December 10th- dancers arrive at 1:30pm, show starts at 3pm

### **Arrival for show**

- Arrive 1.5 hours before the show for required warm-up
- NO CARS PERMITTED IN LANDMARK PARKING LOTS (FRONT OR BACK).
- Parking: side streets or Firehouse lot on Webster Ave.
- Use front entrance of Landmark Building on Main Street. Enter the theater and walk through the curtains to the left of the stage.
- Sign-in backstage

### **Getting Ready**

- PROFESSIONAL PHOTOGRAPHY WILL BE TAKING PLACE! FULL HAIR AND MAKEUP REQUIRED.
- Arrive with your hair and makeup done. (See pages 8-9)
- Arrive in regular dance gear. You will have plenty of time to change into your tights/undergarments/first costume.
- No nail polish.
- No “tattoos” or markings on body.
- Remove ALL jewelry, and hair elastics from wrists.

### **Pack the following:**

- NO FOOD PERMITTED BACKSTAGE, please eat well beforehand!
- All costumes and costume parts, including base leotards and headpieces.
  - All costumes are the *property of the Berest Dance Center* and must be left at the theater after the show.
  - Please keep your tights and shoes.
- All necessary tights (see page 10)
- All necessary dance shoes (see page 10)
- All necessary undergarments (see page 8)
- Extra Hairpins, bobby pins, hairnets (must match your hair color), hair spray/gel
- Make-up and make-up wipes (see page 8-9)
- Warm-ups (sweater, leg warmers, etc.)
- Portable mirror
- Water bottle

### **Dismissal from show**

- All costumes must be returned before you leave.
- Dancers will meet their families in the theater.

## PREPARATION

### Undergarments

- Please carefully review the following information regarding undergarment choices:
  - *Skin-tone camisole leotard*: with fabric straps, which are covered with your foundation makeup.
    - NO CLEAR PLASTIC STRAPS
    - If your leotard came with clear straps, the straps must be replaced.
    - The leotard must match the line of the costume and not be visible in the front or back.
  - *Skin-tone bra*: with fabric straps, which are covered with your foundation makeup.
    - Bras should be smooth (no padded cups), sports-type bras with camisole straps
    - The bra must match the line of the costume and not be visible in the front or back.
    - Same rules about straps apply, as with leotards, stated above.
  - *Skin-tone underwear*

### Hair

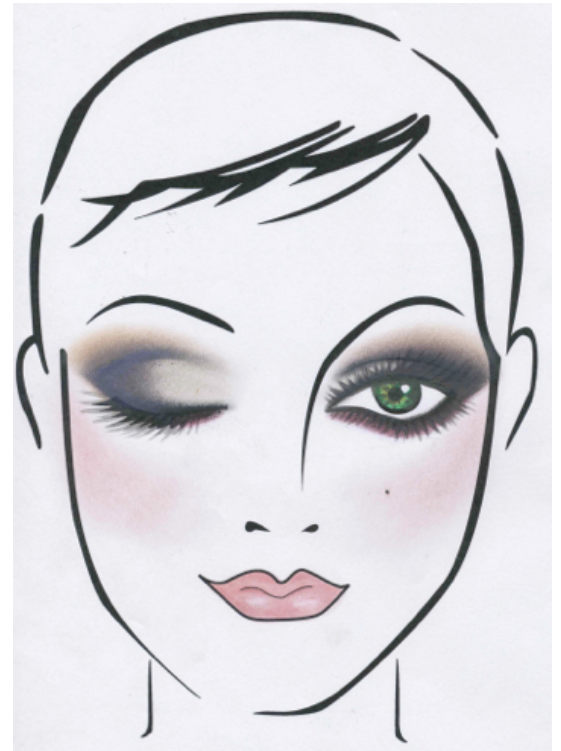
- Low ballet bun with a side part executed neatly by using hairspray (no whispies or flyaways), bobby pins & hairpins, hairnet, hair tie.
- *No bunmakers.*
- All hair accessories must match hair color. See our [YouTube bun tutorials!](#)

### Makeup

- Base: Apply foundation (should be a shade darker than your own skin). Apply translucent powder (optional).
- Eyes:
  - Apply neutral powder fully covering eyelid and under brow, and blend.
  - Apply mid-tone to lid, darker shade in crease of eye as well as outer 1/2 of lid (see closed eye on diagram), and finally lightest shade (highlight) under brow bone and in inner corner of eye.
  - Apply black liner across upper lashes and lighter liner (brown) across lower lashes.
  - Apply waterproof mascara to upper lashes.



- Eyebrows:
  - Use an eyebrow product to shape and darken. Elongate so that the end is in line with the outer corner of your eye socket.
  
- Cheeks:
  - Use a darker tone blush to define cheekbones (see shape of shading on diagram).
  
- Lips:
  - Moisten with chapstick of some sort, then apply dark/red lipstick. Use a liner the same color or slightly darker to keep lips neat-looking.



**Tights/Shoes/Base**

<b><u>Class/Dance</u></b>	<b><u>Tights</u></b>	<b><u>Shoes</u></b>	<b><u>Base</u></b>
<b>Lyrical/Believe</b>	Skin tone footed	Skin-tone jazz	HALTER or CRISSCROSS skin tone leo
<b>YDT (Annie &amp; Oliva)/Snow Fairies</b>	Pink footed	Ballet	Skin tone bra or leo
<b>Jazz Rep/Snow</b>	Skin-tone Fishnets & Skin tone footed or stirrup	Skin-tone jazz	Skin tone bra or leo
<b>Jess' Musical Theater/Whoville</b>	(On your costume hanger)	Talk to Jess	Skin tone bra or leo
<b>Young Creators (V)/Children in a Shoe</b>	n/a	Black jazz	Skin-tone leo
<b>Sr.Contemp. Rep/ How Does Your Garden Grow</b>	n/a	Skin-tone jazz	Skin tone bra or leo
<b>Jr. Contemp/ Sockhop</b>	Skin-tone footed (for dancers in skirts)	Skin-tone jazz	Skin-tone leo
<b>Melissa's Musical Theater Rep./Blackbirds</b>	n/a	Skin-tone jazz	Skin-tone leo
<b>Sr. &amp; Jr. Contemp. Rep/ Swingle Jingle</b>	Black footless (for dancers in skirts/dresses)	Skin-tone jazz	Skin tone bra or leo
<b>Wednesday Rep/Marshmallow</b>	Skin-tone footed	Skin-tone character	Skin tone bra or leo
<b>YDT (Annie &amp; Oliva)/Oh Hanukkah</b>	Skin tone footed	Skin-tone jazz	Skin-tone leo
<b>Melissa's Musical Theater Rep./ Mice &amp; Soldiers</b>	n/a	Skin-tone jazz	Skin-tone leo